

Murder!

One gets it by highway men—Tens of thousands by *Bad Bowels*—No difference. Constipation and dead liver make the whole system sick—Everybody knows it—**CASCARETS** regulate—cure Bowel and Liver troubles by simply doing nature's work until you get well—Millions use **CASCARETS**, Life Saver!

CASCARETS for a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

Manufacturing War Relics.

With the approach of the centenary celebrations of the famous Tyrolean fight for freedom a new industry has been created in Tyrol. Every veterans' association and rifle club in the land is preparing some kind of festival at which historic guns and flags and other emblems will be displayed.

Unfortunately, these relics have become rather scarce in the hundred years which have elapsed since the war; but undaunted by this trifling circumstance the ingenious peasant-try are setting to work to make their own relics.

In this enterprise they have developed remarkable ingenuity. A new flag is used for some time as a dust-er, and then after being carefully smeared over with grease on both sides is put up in the garret where the grain is stored. In a very few days the mice have made some artistic "bullet" holes in the flag, which is then hung out in the garden. The sun does the rest, and a faded and tattered flag of really venerable appearance is the result.

The village blacksmiths have shown no less cleverness in making historic cannon, and there is no reason to fear that the centenary celebrations will suffer from any lack of relics of the war.—Innsbruck correspondence Pall Mall Gazette.

The airship for the Wellman Polar expedition, which has been completed at Gennevillier, has been brought over to London and exhibited at the aero exhibition at Olympia.

WON'T MIX

Bad Food and Good Health Won't Mix.

The human stomach stands much abuse, but it won't return good health if you give it bad food.

If you feed right you will feel right, for proper food and a good mind is the sure road to health.

"A year ago I became much alarmed about my health, for I began to suffer after each meal, no matter how little I ate," says a Denver woman.

"I lost my appetite and the very thought of food grew distasteful, with the result that I was not nourished and got weak and thin.

"My home cares were very heavy, for beside a large family of my own I have also to look out for an aged mother. There was no one to shoulder my household burdens, and come what might I must bear them, and this thought nearly drove me frantic when I realized that my health was breaking down.

"I read an article in the paper about some one with trouble just like mine being cured on Grape-Nuts food, and acting on this suggestion, I gave Grape-Nuts a trial. The first dish of this delicious food proved that I had struck the right thing.

"My uncomfortable feelings in stomach and brain disappeared as if by magic, and in an incredibly short space of time I was again myself. Since then I have gained 12 pounds in weight through a summer of hard work and realize I am a very different woman, all due to the splendid food, Grape-Nuts."

"There's a Reason." Trial will prove. Read the famous little book, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Special Announcement!

The Atlanta, Birmingham & Atlantic Railroad will inaugurate sleeping car service on night trains between Atlanta and Brunswick, effective June 10. Pullman sleepers of latest design will be used in this service. Southbound, leave Atlanta 7:51 p. m., arrive Brunswick 8:40 a. m. Northbound, leave Brunswick 7:00 p. m., arrive Atlanta 7:25 a. m.

These trains make close connection at Brunswick with steamers for St. Simon's and Cumberland Islands.

The elegant day coaches and Pullman sleepers in these trains afford an opportunity, not heretofore enjoyed to travel to and from Georgia's famous Seashore resorts comfortably. Any Ticket Agent of the Company will give further information. W. H. Leahy, G. P. A.; Chas. Patton, T. P. A.; W. A. Stokes, C. P. A.

The manly act of self-defense is apt to go lame when it encounters a woman's eyes.

A Rare Good Thing.

"Am using Allen's Foot-Ease, and can truly say I would not have been without it so long, had I known the relief it would give my aching feet. I think it a rare good thing for anyone having sore or tired feet. —Mrs. Matilda Holtvert, Providence, R. I." Sold by all Druggists, 25c. Ask to-day.

If you have any doubts about a strange bed look before you sleep.

MOST WONDERFUL CURE IN THE WORLD FOR ECZEMA.

Dr. W. W. Leake, of Orlando, Fla., who was cured of a very bad case, writes: "Hancock's Sulphur Compound is the most wonderful remedy for Eczema I have ever known." Doctors everywhere prescribe and recommend it as the greatest cure for skin diseases ever known. You can get a bottle from your druggist for 50 cents. Dr. R. H. Thomas, of Valdosta, Ga., was cured of a painful skin trouble, and he praises it in the highest terms. Hancock's Sulphur Compound and Ointment cured an ugly ulcer for Mrs. Ann W. Willett, of Washington, D. C., in three days. Booklet free, if you write Hancock Liquid Sulphur Co., Baltimore, Md.

The best foundation for success in business is rocks.

For COLDS and GRIP.

Hick's CAPSICUM is the best remedy—relieves the aching and feverishness—cures the Cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c. and 50c., at drug stores.

Some men are so generous that they can't refuse money to any one, not even their wives.

Teething Children During Hot Weather Should take Dr. Biggers Huckleberry Cordial. It cures all Stomach and Bowel Disease, Diarrhoea, etc. At Druggists 25c and 50c.

The Law and the Optimist.

Pessimists, assured of man's retrogression, should study the laws of the eighteenth century. In kindness, at least, man has advanced.

When the supposedly wise Blackstone wrote (1769) there were 160 offences punishable with death—offences such as growing tobacco, cutting trees, stealing linen put out to dry, etc. Had Blackstone been really instead of only supposedly wise, he would surely have worked toward the repeal instead of toward the tabulation of these incredibly stupid and barbarous laws.

Lecky says: "The law which condemned a man guilty of high treason to be cut down while half hanged, to be disembowelled and have his intestines burnt before his face, was still executed in ghastly detail."

Those who complain of justice's frequent mis-carriages may see from these facts that stupid laws and wicked laws are not a modern innovation. The law has always trailed behind the race. Perhaps it always will.—Philadelphia Bulletin.

The Servant Problem, Plus.

"But," says the lady of the house to the applicant, "you really should not ask such high wages from me, when you consider the conveniences with which my house is equipped—electric cooking range, electric washing and ironing machines, vacuum sweepers and dusters, pneumatic parcel carriers from and to all floors and rooms, phones and annunciators in each room, sanitary wall and floor finishes, filtered air, filtered water, antiseptic refrigerator—"

"Yes, mum," interrupts the applicant, "but the likes of you ought to know that a scientific expert draws a lot more money than a kitchen mechanic."—From Judge.

COULDN'T THEN.

"I would like mightily to enjoy riches."

"Then why don't you try to marry 'em?"—Kansas City Times.

The Atlanta, Birmingham & Atlantic Railroad

Will sell excursion tickets at reduced rates for the following occasions:

American Association of Opticians, Atlanta, Ga., June 21st-24th, 1909.

Georgia Educational Association, Cumberland Island, Ga., June 23rd-25th, 1909.

National Baptist Convention, Portland, Ore., June 26th-July 2nd, 1909.

Independent Order of Odd Fellows, Seattle, Wash., September 20th-25th, 1909.

There are other occasions for which reduced rates will be announced. For further information apply to tickets agent or communicate with,

W. H. LEAHY, General Passenger Agt., Atlanta, Ga.

WHY SHOULD THEY?

They oughter do something for me. I always vote their way."

"They won't do nuthin' fer ye as long as ye stick to that policy, me gosh man."—Louisville Courier-Journal.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle

NO TENDER MISSIVES.

"Why don't you sue him for breach of promise?"

"Aw, he had the postcard habit."

"What of that?"

"A man doesn't put much sentiment on a picture of the stockyards."

—Louisville Courier-Journal.

SORE EYES CURED.

Eye-Balls and Lids Became Terribly Inflamed — Was Unable to Go About—All Treatments Failed—Cuticura Proved Successful.

"About two years ago my eyes got in such a condition that I was unable to go about. They were terribly inflamed, both the balls and lids. I tried home remedies without relief. Then I decided to go to our family physician, but he didn't help them. Then I tried two more of our most prominent physicians, but my eyes grew continually worse. At this time a friend of mine advised me to try Cuticura Ointment, and after using it about one week my eyes were considerably improved and in two weeks they were almost well. They have never given me any trouble since and I am now sixty-five years old. I shall never fail to praise Cuticura. G. B. Halsey, Mouth of Wilson, Va., Apr. 4, 1908."

Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

PROFITS BY EXPERIENCE.

She (with a pout)—A man always treats his second wife better.

He (blandly)—After a man has been once stung with a balky horse he uses more intelligence in picking out another.—Judge

WOMEN SUFFER NEEDLESSLY.

Many Mysterious Aches and Pains Are Easily Cured.

Bachache, pain through the hips, dizzy spells, headaches, nervousness, bloating, etc., are troubles that commonly come with sick kidneys. Don't mistake the cause—Doan's Kidney Pills have cured thousands of women afflicted in this way.

Mrs. William Jones, R. F. D., No. 6, North East, Pa., says: "Inflammation

of the bladder kept me in agony for six months. I could hardly walk from one room into the other. I had no sleep night after night; my ankles were swollen all the time. I often reeled and fell. I began using Doan's Kidney Pills. My health began to mend at once. At the end of six months I was as well as ever before in my life."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

WHAT'S THE ANSWER.

He—"Do you really think that kisses are poisonous?"

She—"I don't know; are you seriously considering suicide?"—Philadelphia Telegraph.

THIRD OPERATION PREVENTED

By Lydia E. Pinkham's Vegetable Compound

Chicago, Ill. — "I want to tell you what Lydia E. Pinkham's Vegetable Compound did for me. I was so sick that two of the best doctors in Chicago said I would die if I did not have an operation. I had already had two operations, and they wanted me to go through a third one. I suffered day and night from inflammation and a small tumor, and never thought of seeing a well day again. A friend told me how Lydia E. Pinkham's Veg-



etable Compound had helped her, and I tried it, and after the third bottle was cured."—Mrs. ALVENA SPERLING, 11 Langdon Street, Chicago, Ill.

If you are ill do not drag along at home or in your place of employment until an operation is necessary, but build up the feminine system, and remove the cause of those distressing aches and pains by taking Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

For thirty years it has been the standard remedy for female ills, and has positively restored the health of thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

SAW LATH SHINGLE MILLS

SHAFTING, PULLEYS, BELTS LOMBARD IRON WORKS, AUGUSTA, GA.

SECURE A FREE

COTTAGE BUILDING LOT

AT MERIWETHER WHITE SULPHUR SPRINGS.

The Queen of Georgia Resorts.

The company has already spent seventy thousand dollars in improvements, and propose selling a few shares of guaranteed 6 per cent stock. To facilitate its sale, they are giving with each share of stock a cottage building lot, 60x120, and the free use of the Springs. Make application at once, they will not last long, over one-half of them already taken. Write at once.

Meriwether White Sulphur Springs Co.,
Room 100 Marion Hotel, Atlanta, Ga.

SACRIFICE SALE OF

Town Property

AT Milltown, Georgia.

To meet our subscription on two new railway enterprises coming to our town with other factory enterprises, we are offering 200 choice lots close in at the low price of \$35.00 each, payable \$10 cash, balance \$5 monthly. This is the greatest sacrifice ever offered in Real Estate, as our town has nearly 2,000 people now, and with convict labor driven out of our town, a \$50,000 Baptist College completed, two more railways headed this way, with several factory enterprises, we cannot help doubling our population in another year.

This is a snap; write quick, as they cannot last long. No delays. No waiting. You get the day payments are completed.

South Georgia Land & Industrial Co.

Box 20, Milltown, Ga.